

**We need to be** listening before we pray; and reading Scripture. Listening is our foundation for coming to a time of prayer. We are opening a channel of communication by learning to be still. *Otherwise, we are praying in our own strength.*

**Always base your prayers on Scripture to get an automatic, “Yes!” Examples:**

- Set my mind on what the Holy Spirit wants today (*Rom 8:5*).
- Let me be led by the Spirit of God today, Father (*Rom 8:14*).
- Help me to put to death the deeds of the flesh that Your Life might reign in me (*Rom 8:13*).
- Show me Your ways, Lord. Teach me Your paths (*Ps 16:11*).
- Lead me in the way everlasting (*Ps 139:24*).
- Let me hunger and thirst of righteousness (*Matt 22:37; Mark 12:30; Luk 10:27*).

**Effective prayer means a base from which we can be confident that we have heard from the Lord. (1 John 5:14-15) Confidence is absolutely critical in our prayers.**

- Effective prayer is where the prophetic and intercession combines in agreement.
- God is intentional to us and we must return the compliment. There is a power of focused devotion in crafted prayer and thanksgiving.

Psalm 57 contains crafted prayer and a psalm of thanksgiving. **In crafted prayer, your heart becomes fixed and you become focused. It is all about God being exalted.** We actually need to craft our prayers of thanksgiving, as well, so that we remember to be very specific in our thanksgiving. Make a plan to upgrade your worship, praise and thanksgiving. Make a plan or it won't happen.

### CONVERSATIONAL PRAYERS

**Conversational prayers is talking everything through with God as it comes into your life.** It is releasing your heart, mind and soul to live under the peace of God. It keeps our ability to hear Him at a really high level.

### Week 1

#### Welcome in God's family: Sin and Redemption

Sin means to be literally separated from God. Christ conquered the problem of sin completely on the cross. We will however struggle with sin in this life until Jesus returns. We can learn to be overcomers and to triumph over the devil.

Day 1	<b>All have sinned and sin brings death.</b>	<i>Rom 3:1-31; Rom 3:21-24; Rom 6:1-23; Rom 6:20-23</i>
Day 2	<b>God demonstrates His love.</b>	<i>Rom 5:1-21; Rom 5:5-9</i>
Day 3	<b>Good works can't save us.</b>	<i>Eph 2:1-22; Eph 2:8-10</i>
Day 4	<b>Repentance.</b>	<i>1 John 1:1-10; 1 John 1:8-9; Rom 10:9-13</i>
Day 5	<b>Redemption.</b>	<i>Eph 1:1-23; Eph 1:6-8</i>
Day 6	<b>Cleansing and Regeneration.</b>	<i>Tit 3:1-15; Tit 3:4-7</i>
Day 7	<b>New life / Born Again.</b>	<i>John 3:1-36; John 3:1-7; 2 Cor 5:1-21; 2 Cor 5:14-18</i>

### Week 2

#### Welcome in God's family:

#### The start of your relationship with God

When you accepted Jesus, you received eternal life as a free gift. By accepting Him as your God you are now allowing Him to live His life in and through you. Eternal life is only the beginning of this relationship with a loving and personal God. Prepare yourself for a life-long relationship with the only true and living God.

Day 1	<b>Righteousness / Acceptance.</b>	<i>Rom 5:1-5; 2 Cor 5:21; Rom 8:12-17</i>
Day 2	<b>Acceptance / Eternal Life.</b>	<i>Rom 15:5-13; John 5:23-29</i>
Day 3	<b>You are child of God.</b>	<i>John 1:1-51; John 1:10-13</i>
Day 4	<b>You have the Son.</b>	<i>1 John 5:1-21; 1 John 5:9-12</i>
Day 5	<b>This is eternal life.</b>	<i>John 17:1-26; John 17:1-3</i>
Day 6	<b>You now belong to God.</b>	<i>1 Cor 6:9-20; 1 Cor 6:17-20</i>
Day 7	<b>You are being led by the Holy Spirit.</b>	<i>Rom 8:1-17; Rom 8:12-17</i>

### Week 3

#### Welcome in God's family:

#### The dominion of Christ

By accepting Jesus as Lord in your life, you have accepted the responsibility to live your life according to the rules of God's kingdom.

Day 1	<b>You are in a new kingdom.</b>	<i>Col 1:1-29; Col 1:12-14; Rom 14:17</i>
Day 2	<b>With a new future.</b>	<i>Jer 29:11-14; 1 Pet 2:1-25; 1 Pet 2:9</i>
Day 3	<b>The new kingdom is within you.</b>	<i>Luk 17:20-24; Gal 2:20-21</i>
Day 4	<b>Glorify God in your body and your spirit.</b>	<i>1 Cor 6:17-20; Rom 12:1-2; Rom 8:13</i>
Day 5	<b>Lay down your old sinful life and put on your new life in Christ</b>	<i>Col 3:1-25; Gal 5:16-26</i>

### Welcome in God's family:

#### Build relationships with your new family

The family you have now become part of, is the Church of God. The Church is not a building, but a community of believers who gather in buildings and houses.

Day 6	<b>Assembling ourselves.</b>	Heb 10:23-26; Rom 16:1-27; <b>Rom 16:3-5</b>
Day 7	<b>Functioning as a family.</b>  <b>The reason.</b>  <b>Everyone has a contribution</b>	Acts 2:44-47; John 13:1-38  <b>John 13:34-35</b>  <b>1 Cor 14:26</b>

### Week 4

#### Welcome in God's family:

##### Forgiveness

Unforgiveness in our lives results in bitterness, judgment and anger. It will cause physical illness and stress. Unforgiveness in our hearts keeps the blessings of God away from our lives.

Day 1	<b>The enemy wants to steal from you.</b>	John 10:1-42; <b>John 10:7-10</b>
Day 2	<b>The enemy wants to defile you.</b>	Heb 12:1-17; <b>Heb 12:14-17</b>
Day 3	<b>The result of unforgiveness.</b>	Matt 6:1-34; <b>Matt 6:14-15;</b> <i>Eph 4:29-32</i>
Day 4	<b>We serve a God of forgiveness.</b>	Mark 11:22-26; 1 John 1:5-10; Luk 23:1-56; <b>Luk 23:33-35</b>
Day 5	<b>Forgiving one another.</b>	Col 3:1-25; <b>Col 3:12-14</b>

### Welcome in God's family:

#### Grow in God's Word

When we read it we can also experience the change in our lives.

Day 6	<b>Be renewed.</b>	Rom 12:1-21; <b>Rom 12:1-2</b>
Day 7	<b>Build your life on the Rock.</b>	Matt 7:1-27; <b>Matt 7:24-27;</b> <b>Jam 1:1-27;</b> Jam 1:19-25

### Week 5

#### Welcome in God's Family: Faith

Faith contradicts difficult circumstances. Faith speak the answers (say what God's Word says).

Day 1	<b>Faith means action.</b>	Luk 5:18-26
Day 2	<b>Faith is being strengthened through the Word of God.</b>	2 Tim 3:1-17; <b>2 Tim 3:14-17;</b> <i>Rom 10:13-18</i>
Day 3	<b>Believe in God's promises.</b>	Rom 4:17-22; John 14:10-14
Day 4	<b>Without faith it is impossible to please God.</b>	Heb 11:1-4; <b>Heb 11:6;</b> Heb 10:38-39

#### Praise and Worship

Praise is an act of glorifying God. Worship means respecting and showing reverence; it is to honour someone as a godly being. (John 4:23-24)

Day 5	<b>Praise silences the devil as God lives among the praises of His people.</b>	Ps 8:1-9; <b>Ps 8:1-2;</b> <i>Ps 22:1-5</i>
Day 6	<b>Praise is a spiritual garment.</b>	Isa 61:1-4; Neh 8:10b
Day 7	<b>Praise leads us to victory in Jesus.</b>	2 Chron 20:1-30



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## Laying Spiritual Foundation 1/2

Your Journey to Victorious Living  
El Shaddai, Eloffsdal

### Week 1 – 5

Welcome to your Journey to Victorious Living. We are glad to be part. As you start with the DNA Movement it is advised to apply crafted prayer from the start to your study. It will renew your mind, open up communication to heaven, and break strongholds of the enemy in your life. It will lead you to an intimate relationship with God.

#### CRAFTED PRAYER ALWAYS GETS AN ANSWER WHAT IS CRAFTED PRAYER? (Graham Cooke)

Write out the prayer God has given you after you have worshipped and read Scriptures.

- **Meditate and think about what the Lord wants to say to you through the Scriptures.**
- **Read the Scriptures over and over.**
- **Meditate on it for a while.**
- **Worship.**
- **Write down the thoughts God puts in your mind.**
- **Write these prayers in a book with the dates if you like.**
- **Put these prayers in accessible places – read it slowly to the Father, sometimes shout it, sometimes whisper it, other times sing it.**

The Holy Spirit wants to release a river of encouragement – a means by which you will be encouraged every day for the rest of your life. **With crafted prayer we come to listen and find out what God wants and then ask Him to do it.**

*Bibliography: In His Image – Tania Berrangé*